

The Graded Chronic Pain Scale

Graded chronic pain scale: a two-item tool to assess pain intensity and pain interference										
In the last month , on average, how would you rate your pain? Use a scale from 0 to 10, where 0 is "no pain" and 10 is "pain as bad as could be"? [<i>That is, your usual pain at times you were in pain.</i>]										
No pain						Pain as bad as could be				
0	1	2	3	4	5	6	7	8	9	10
In the last month , how much has pain interfered with your daily activities? Use a scale from 0 to 10, where 0 is "no interference" and 10 is "unable to carry on any activities."										
No interference						Unable to carry on any activities				
0	1	2	3	4	5	6	7	8	9	10